

GRADE TWO

Questions may be asked from the previous grade and from the following:-

Heel Tap: Flex knee, strike ground with heel and up sharply. Can be given three ways:- standing on one foot, with ball of working foot on ground, as a sharp dig.

Heel Beat: Flex knee, strike ground with heel finishing down on ground with a heavier tone. Can be given three ways:- standing on one foot; with ball of working foot on ground; as a sharp dig.

Toe Beat: Bend knee, strike ground with toe finishing down on ground with a heavier tone.

Ball Tap: Strike ground with ball of foot and up sharply. Can be given three ways:- standing on one foot; with heel of working foot on ground; as a sharp dig.

Ball Beat: As in ball tap but ball finishes down on ground and is heavier in tone.

Forward Brush: Broader movement than a forward tap as swing comes from knee and hip.

Backward Brush: Broader movement than a backward tap as swing comes from knee and hip.

Stomp: Stand on ball of the foot, push foot forward finishing with a heavy heel beat.

Scuff: A flat stamp carried forward and off ground, supporting knee flexed.

Tap Spring: A forward tap followed immediately by a spring. Travelled or on one spot and very lightly executed.

Pick-up: Stand with feet slightly apart, turn up toe of one foot, slap foot back hitting ground with ball of foot and removing heel.

Pick-up Step: Pick-up followed immediately by a step. Can be repeated on alternate feet.

4 beat cramp roll: Spring onto right foot, ball dig left foot, heel beat right foot, heel beat left foot.

5 beat cramp roll: Tap spring onto right foot, ball dig left foot, heel beat right foot, heel beat left foot.